

NEGOTIATION & COMPENSATION WORKSHOP

Our mission is to enable recognition, opportunity and influence for women in the workplace through individual and employer coaching.

KEY TOPICS

Understanding
your full
compensation
package (beyond
base salary)

Knowing your non-negotiables and risk/reward profile

How to think strategically about your compensation over the long-term

How compensation decisions are made

What biases
women face in
negotiations, and
how to overcome
them

How to articulate your strengths

SUGGESTED STRUCTURE

Welcome & introductions (5 minutes)



Compensation negotiation presentation (30 minutes)



Breakout rooms (15 minutes)



Questions & answers (10 minutes)

ABOUT US

Jillian Climie, Co-Founder (she/her)

Jillian has spent her career advising individuals and teams in executive compensation, both as a consultant and in-house at two global retailers. Most recently at Lululemon, she led the global equity compensation and executive compensation teams. At The Thoughtful Co she leverages her niche and technical experience, coupled with her passion for gender equity, to empower women to get paid what they deserve.

<u>Sophie Warwick</u>, Co-Founder (she/her)

Sophie specializes in developing in-house gender equity policies and chairing Employee Resource Groups and advocacy groups. She uses her data analysis expertise from her engineering background to define targets and track growth and retention. In 2018, she Co-Founded Women in Consulting Engineering (WCE), a non-profit organization with over 500 members and monthly events to support and empower women in engineering.

CONTACT

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- in The Thoughtful Co.
 - @thethoughtful.co
- *Fees are dependent on course structure and group size.

 Contact us today to get a quote and schedule a workshop.
- **"Women" includes anyone who identifies as a woman.